

# Substance use disorder in anaesthetists: A personal perspective

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I began specialist anaesthesia practice in 2012 in Scotland and moved to New Zealand in 2016. I am currently a consultant in Anaesthesia and Pain Medicine at the National Women's, Auckland City Hospital.

I recently published a personal account of my experiences with substance use disorder (SUD) in *Anaesthesia and Intensive Care* where I describe my journey through the intervention process, and eventual phased return to anaesthesia practice. By sharing my experience, I hope to educate our community about the problem of SUD among anaesthetists, and perhaps help those among us who may find themselves in a similar situation to the one I found myself in. I want to emphasize the positive impact of an empathic workplace, the importance of rigorous controls and a robust package of care to protect the patient, the doctor and their colleagues.